



Monthly Book Club

LOCATION:

Epiphany Lutheran Church
1501 W. Chautauqua St.

Monday, February 16 » 9:30 am
1776
by David McCullough

Monday, March 16 » 9:30 am
Orbital
by Samantha Harvey



Wednesday, February 18
10:30 am

Monthly Lunch Discussion Group

LOCATION:

Turners Table
Carterville

Thursday, February 26 » 11:30 am

Members are invited to join
the group to share lunch and
open discussion.

of Lincoln's death at Ford's Theatre at the hands of a Shakespearean actor into a Shakespearean exploration of key events in his life.

Kim Curlee is well-known to local theatre-goers, appearing at McLeod Theatre every decade since the 1980s in such productions as *A Streetcar Named Desire*, *Fool for Love*, and Shakespeare's *Macbeth*, and in numerous productions with The Stage Company, including *Who's Afraid of Virginia Woolf?*, *Crimes of the Heart*, *The Laramie Project*, and *Dracula*.

He twice toured the Midwest with the Stone Soup Shakespeare Company and has performed with the St. Louis Shakespeare group. Curlee has also directed plays for The Stage Company and is a playwright as well.

SAVE THE DATE!

Thursday, May 7

LIR OnTheRoad

Inside New Harmony

Monthly Presentation

LOCATION:

Epiphany Lutheran Church
1501 W. Chautauqua St.

Wednesday, February 18

9:30: Coffee, Tea and Conversation
10:30: Meeting and Program

Next Board Meeting

LOCATION:

Epiphany Lutheran Church
1501 W. Chautauqua St.

Monday, March 16

February Greeters
Lilly Crane
Pat Racana
Susie Northquist

At-a-Glance Monthly Presentations

Wednesday, April 15
Wednesday, May 20
Wednesday, June 17

President
Pam Matthews

SILIR Spring Session One Classes

February 2 - March 5

Tuesdays » 9:30 - 11:30 am

COST: \$10

TWO SESSIONS: February 3 and February 10

INSTRUCTORS: Sandy Pensoneau-Conway
and Irene Lutterodt

Understanding Diversity and Using Pronouns

CLASS 1:

Communicating Diversity

How can we create welcoming environments and embrace differences we see around us? Communication is a powerful tool to create a more just and open world.

CLASS 2:

Pronouns in Action

Focus on gender and pronouns. Engage in guided discussion on the evolution and usage of pronouns and move into practice with the goal of better understanding why someone might use gender-neutral pronouns.

Tuesdays » 1:30 - 3:30 pm

COST: \$15

FIVE SESSIONS: February 3 - March 3

INSTRUCTOR: Gary Hartlieb

Five Best Broadway Musicals Turned into Movies

The course will feature five of the best Broadway musicals turned into movies. Included are *Chicago*, *Cabaret*, *Fiddler on the Roof*, *Funny Girl* and *Oliver*. Bring your popcorn or other snacks and enjoy the movie!

Thursdays » 1:30 - 3:30 pm

COST: \$15

FIVE SESSIONS: February 5 - March 5

INSTRUCTOR: Suzanne Schmitz

Lawyers Who Made a Difference

As we celebrate the 250th anniversary of the Declaration of Independence, drafted by four lawyers, let's get to know some lawyers who have made a difference. We will focus on lawyers no longer with us and learn their life stories and their contributions as legislators, judges, advocates, and public servants. Some may be familiar; most not so much.

Wednesdays » 1:30 - 3:30 pm

COST: \$10

TWO SESSIONS: February 25 and March 4

INSTRUCTOR: Robin Ridgley

Brain Health

A two-part series covering strategies for dealing with forgetfulness, maintaining a healthy brain and enhancing memory and thinking, as well as learning how dementia affects people and how we can make a difference in the lives of people living with the disease.

SILIR Spring Session Two Classes

March 9 - April 21

Mondays » 1:30 - 3:30 pm

COST: \$15

FIVE SESSIONS: March 16 - April 13

INSTRUCTOR: Fran Oros

The World's Greatest Geological Wonders: 36 Spectacular Sites

This course, one of the "Great Courses" series, takes you to the world's most spectacular geological wonders, explains the forces that have formed them, and tells you the stories that have grown up around them. Each lecture in this course will cover a particular geologic formation or process. Some examples of these geological sites are: Antarctica, the Himalayas, the Namib/Kalahari Deserts, Iceland, Yellowstone, and the Amazon Rainforest.

Because we will view only three of these sites each week, we will see less than half of the videos. At our first class you will receive a list of all the sites and have a chance to select the remaining ones.

Wednesdays » 1:30 - 3:30 pm

COST: \$15

FIVE SESSIONS: March 18 - April 15

INSTRUCTOR: John Shaw

The Enduring Fascination with John F. Kennedy

John F. Kennedy continues to fascinate Americans and others around the world. Even though his presidency lasted less than three years, he is the subject of enormous interest, a number of documentaries, and seemingly endless books, including two by course instructor, John Shaw.

This course will examine the JFK of history and myth. It will consider his family, career in Congress, iconic 1960 presidential campaign, unforgettable inaugural address, personal and political style, modest accomplishments as president, the Cuban Missile crisis, assassination, and continuing debate about his presidency.

Thursdays » 1:30 - 3:30 pm

COST: \$15

FIVE SESSIONS: March 19 - April 16

INSTRUCTOR: Linda Helstern

Historic Preservation in Illinois

Illinois has played a seminal role in the history of historic preservation. This course will review its role in a national and international context, from the creation of Colonial Williamsburg in 1926 to the restoration of Notre Dame Cathedral, with special focus on the legacy of Louis Sullivan and Frank Lloyd Wright and southern Illinois preservation efforts. Local professionals will contribute to every class, and we will visit Carbondale's landmarked Fuller Dome.

Tuesdays » 9:30 - 11:30 am

COST: \$10

TWO SESSIONS: March 24 and March 31

INSTRUCTOR: Jill Adams

The Rise of the Supreme Court's Shadow Docket

The Supreme Court has increasingly used its "Shadow Docket" to make unsigned rulings, issued without argument before the Court, with only limited briefing and without issuing written opinions explaining the reasoning supporting the ruling. The Court has always used the "Shadow Docket" for certain kinds of emergency rulings—such as staying an execution, but as pointed out by Steve Vladek in his excellent book, *The Shadow Docket: How the Supreme Court Uses Stealth Rulings to Amass Power and Undermine the Republic*, since 2017 the Shadow Docket has been increasingly used to make major decisions affecting millions of people. In this mini-course we will discuss what the Shadow Docket is, how it has been used traditionally, and how that use has mushroomed in recent years. We also will explore what the implications of the growing use are for the integrity of the Court and for the Rule of Law.

Spring Session Two Classes continued on next page

Tuesdays » 1:30 - 3:30 pm

COST: \$15

FIVE SESSIONS: March 24 - April 21

INSTRUCTOR: Mary Pohlmann

What's New Regarding Alzheimer Disease Diagnosis and Treatment

Over 7 million Americans are living with Alzheimer's dementia. One in three older adults dies with Alzheimer's or another dementia. It kills more than breast cancer and prostate cancer combined. Exciting advances in the diagnosis and treatment of Alzheimer's Disease have been made in the past couple of years and these new tests and treatments are available locally.

This course will cover an overview of Alzheimer's Disease and other dementias, diagnosis, treatments, prevention and the future of Alzheimer's research. Dr Mary Pohlmann is the Alzheimer's Association Community Educator.

WOULD YOU LIKE TO OFFER A CLASS FOR SILIR?

Do you have expertise in a field that you'd like to share?

If so, email the Curriculum Committee at silir@siu.edu.

SILIR Registration Form

Please fill out and send entire form with payment.

First Name _____

Last Name _____

First Name _____

Last Name _____

Address _____

City _____

State _____ Zip Code _____

Day Phone _____

Cell Phone _____

E-mail _____

NEW MEMBERS: How did you hear about us? Friend Newspaper Social Media/Online Radio/TV

If you are registering more than yourself for a class/trip, please list the name(s) of the SILIR member you are registering.

July 1, 2025 - June 30, 2026

Name _____ (26M0901901) FY26 Membership Dues \$25 x _____ = _____

INTEREST GROUPS AND CLASSES

Name _____ (26M0901904) Book Study Group \$10 x _____ = _____

Name _____ (26M0901905) Lunch Discussion Group \$10 x _____ = _____

Name _____ (26M0901917) Understanding Diversity \$10 x _____ = _____

Name _____ (26M0901918) Five Best Broadway Musicals \$15 x _____ = _____

Name _____ (26M0901920) Lawyers Who Made a Difference ... \$15x _____ = _____

Name _____ (26M0901919) Brain Health \$10 x _____ = _____

Name _____ (26M0901921) Geological Wonders \$15 x _____ = _____

Name _____ (26M0901922) John F. Kennedy \$15 x _____ = _____

Name _____ (26M0901923) Illinois Historic Preservation \$15 x _____ = _____

Name _____ (26M0901924) Supreme Court Shadow Docket.... \$10 x _____ = _____

Name _____ (26M0901925) Alzheimer Disease Diagnosis \$15 x _____ = _____

Additional Name(s) _____

TOTAL: \$ _____

Learning in Retirement program waiver disclaimer: Most SILIR activities require very little mobility. When an activity requires traveling up to one mile or more or navigating 10 steps or more, or involves longer waiting or standing times, we will alert you so that you may choose wisely.

Signature _____ Date _____

My signature confirms that I have read and understand the activity level of any trip sponsored by Learning in Retirement and accept the risks and conditions of the trip. I am aware that some trips may encounter rough terrain and closed-toe shoes will aid in maintaining my safety.

Make check payable to *SIU Carbondale* or enter credit card information below:

Credit Card Number _____ Exp. _____

Name on Card _____ CVC _____

Email (for receipt) _____

Mail form and check to:
Events and Outreach
Anthony Hall - Mail Code 6705
Carbondale, IL 62901

Call to register with credit card:
618-536-7751



EVENTS AND OUTREACH
STUDENT CENTER – MAIL CODE 6705
SOUTHERN ILLINOIS UNIVERSITY
1265 LINCOLN DRIVE
CARBONDALE, IL 62901

Non-Profit Org.
U.S. Postage
PAID
Permit No. 15
Carbondale, IL

«cont_id»*«gpb_id»***** «endorse»

«first» «last»
«address»
«city», «st» «zip»

Phone: 618/536-7751
Email: silir@siu.edu
Questions or suggestions

**S.I. Learning
in Retirement**



Visit the SI Learning in Retirement website at:
What will you learn today?
conferenceservices.siu.edu/silir