

 **Closing the Gap:** Practical Strategies for All Educators
Harmony & Belonging: Empower the Future

Wednesday, April 19, 2023

Presented by:

The Southern Illinois P-20 Education Alliance

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Resilient Southern Illinois - PFR
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Southern Illinois University Carbondale
Unity Point School District #140
Williamson County Education Services
WSIU Public Broadcasting

Initially funded by NEA



SOUTHERN ILLINOIS
Education Alliance

John A. Logan College

Wednesday, April 19, 2023

7:30 – 8:00 am	Registration Coffee, hot tea and water Exhibits	Main Entrance Atrium
8:00 – 9:00 am	Welcome, Housekeeping, Program Updates Keynote: Kim Radostits, NBCT, 2022 Illinois Teacher of the Year <i>Building a Bridge to Belonging</i>	O’Neil Auditorium B34
9:10 – 10:40 am	Breakout Sessions I Or All Day Workshop (9:10 am—3:10 pm) <i>Discipline @ Work: Road Map for Guiding Your Students Towards Self Management</i>	O’Neil Auditorium and C, E and F Wing E243
10:50 am – 12:20 pm	Breakout Sessions II Or <i>Discipline @ Work: Road Map for Guiding Your Students Towards Self Management (continued)</i>	O’Neil Auditorium and C, E and F Wing E243
12:20 – 1:30 pm	Lunch Provided – network, browse exhibits Door Prizes – must be present to win	Conference Center
1:40 – 3:10 pm	Breakout Sessions III Or <i>Discipline @ Work: Road Map for Guiding Your Students Towards Self Management (continued)</i>	O’Neil Auditorium and C, E and F Wing E243



**ILLINOIS
EDUCATION
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PDHs & CEUs

April
19
2023



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As an ISBE-approved provider for Professional Development Hours (PDHs), the Illinois Education Association (IEA) must comply with the PD requirements set forth by the Illinois State Board of Education (ISBE). It is required that you complete the activity evaluation and include your Illinois Educator Identification Number (IEIN) to receive PD Hours.

SIU Medicine (Sponsor # 159-000802) will provide CEUs for: Licensed Clinical Social Worker (LCSW), Licensed Social Worker (LSW), Licensed Clinical Professional Counselor (LCPC), Licensed Professional Counselor (LPC). You must provide your license number to receive CEUs.



To receive Professional Development Hours (PDHs) or Continuing Education Units (CEUs):



1. At each professional development session, all participants must scan the QR code to sign-in. This will verify your participation in this training. Submission of this form will provide a time stamp of your participation. Only participants that complete the entirety of the training may receive PDHs or CEUs.

Participant Sign-In: <https://ieanea.org/forms/closing-the-gap-2023-sign-in/>

2. At the end of each professional development session, all participants must scan the QR code to sign-out and complete the activity evaluation. This will provide a time-stamp of your participation in this training. Only participants that complete the entirety of the training may receive PDHs or CEUs.

Participant Sign-Out/Evaluation: <https://ieanea.org/forms/closing-the-gap-2023-sign-out-evaluation/>



3. Upon submission of the evaluation, the Evidence of Completion form will be emailed to you and must be retained for a period of six (6) years by the licensee and produced if requested as part of an audit. Participants requesting CEUs will be emailed a certificate from the SIU School of Medicine.

4. If you have questions, please contact Lindsay Powell at lindsay.powell@ieanea.org.

Discipline @ Work: The Road Map for Guiding Your Students Towards Self Management

9:10 am – 3:10 pm

Room: E243

Karen Wagnon, Certified Human Behavior Consultant, Trainer and Author, Teaching Our Youth

This workshop is designed to have teachers reflect on their influence leading students on the ascent of wellness. It covers topics from prevention to crisis intervention using a Positive Behavior Support philosophy to enhance harmony and belonging in their environment.

Breakout Session I

9:10 – 10:40 am

180 Days of Bliss: Strategies to Increase Teacher Job Satisfaction & Enhance Student Learning
(Double Session - 9:10 am -12:20 pm)

Room E143

Leslie Varble, Unity Point School

In today's classroom teachers are faced with constant disruptions and distractions causing them to lose valuable teaching time. In my session, you will walk away with strategies that will help you to create a classroom of harmony and provide a sense of belonging for all.

Safe Zone Training

(Double Session - 9:10 am -12:20 pm)

Room E142

Angela Towne, SIU Carbondale

Safe Zone provides training in foundational concepts related to LGBTQIA+ individuals and communities with the intention of not only providing knowledge, but also creating more positive educational and work experiences. This training addresses controversial and often misunderstood themes about gender and sexual identities, attractions, and expressions; it is a workshop that can be transformational for those who deeply engage in it. We will begin with some guidelines about how we will be together in this space, then continues with a self-reflection about how you are coming to this subject matter before moving on to some concepts that might change the way you view identities, concepts, and even the way you interpret gender and sexuality news, information, and research.

Chronic Truancy - The Reasons and Outcomes

Room F109

Jeffrey Bink, Luke Seager, and John Cox, Regional Office of Education #21

In this session you will learn about the truancy process, what issues cause a student to become truant, the steps that are taken to reduce attendance issues, and how we work with McKinney Vento and a school social worker to help reduce truancy barriers within the ROE #21.

Continued on next page

Cultivating Trauma-Informed Classroom Strategies**Room F118**

Ginger Meyer, SIU School of Medicine, Children's Medical and Mental Health Resource Network, and **Jennifer Bruner**, Partnership for Resilience/Resilient Southern Illinois

Join us to learn how to make your classroom a safe and inclusive space for all learners. This session will enhance your knowledge of classroom management by providing trauma-informed classroom practice strategies and resources.

Equity-Centered Social Emotional Learning**Room F111**

Aleza Berube Sitarz, M.Ed., Stress and Trauma Treatment Center

In this interactive session, we will examine:

- What it means to have a person-centered lens for Social and Emotional Learning?
- What CASEL's Transformative/Equity-Centered definition means to us in our current climate?
- How to design a SEL practice that supports social educational equity lens?

CANCELLED***Motivating Unmotivated Learners*****Room B34
O'Neil Auditorium**

Kim Radostits, Oregon CUSD #220

This session will be focused on strategies I have adapted from an after-school program we have at OCUSD 220 to keep students on track for graduation to making sure we are meeting the needs of ALL students Tier 1 and beyond in the classroom.

Knowing Me, Knowing You**Room F110**

Jenny Seitz, Illinois Education Association

Are you a Peacekeeper? Control freak? Free spirit? Explore the Enneagram as a tool for fostering authentic connection with others by first embracing the matrix of YOU.

Generations in the Workplace

Room F107

Cheryl Mitchell, Relationship Analyst & Innovator

There are up to seven generations in the workplace right now. What do we want and need to know about each so that we can appreciate one another for our strengths and gifts, rather than be frustrated with one another? What can each of the generations bring to our school’s settings so that we can best reach the youngest generations and set them up for success.

Building Resilience through Community Support: The Rainbow Cafe LGBTQ Center

Sandy Pensoneau-Conway, PhD, and **Benito Goff**, Rainbow Café LGBTQ Center

In this session, learn about r LGBTQ students and educato Cafe LGBTQ Center



to help meet the needs of area available through the Rainbow

Strategies for the Worn Out Teachers

Marsha Byas, Harrisburg CUSD #3

Teaching is one of the most needed professions, but one of the most over-worked and underpaid and then comes help reduce WORN-OUT Teach 'rots', even though most teach teachers, cannot control the b how the profession affects us.



session, you will learn ways to TS). Not to be confused with onal system is rotting. We, as profession, but we can control

Hidden In Plain Sight (HiPS)

**Room C113A
McCullum Terrace
Dining Room**

Illinois CATCH onto Health! Consortium

This interactive educational experience gained through demonstration allows you to discover the endless possibility of how everyday items can disguise substance use, even the ones Hidden In Plain Sight.

180 Days of Bliss: Strategies to Increase Teacher Job Satisfaction & Enhance Student Learning - Leslie Varble, Unity Point Schools

Room E143

Continued from Session 1

Safe Zone Training - Angela Towne, SIU Carbondale

Room E142

Continued from Session 1

Building a Road to Resilience

Room F110

Rachel Chruszczyk, Prevent Child Abuse Illinois
Southern Region Prevention Educator

This program includes the definition of resilience and how trauma impacts resiliency. The instructor will discuss child brain development and support strategies for adults working with traumatized children. Participants will also assess their own resilience traits and review the five strategies for building inner strengths.

Empowering Glitter Brains

Megan Ragan, MSW, LSW. Stress and Trauma Treatment Center

This session will discuss to support, enhance, and room setting.  neurodivergence and provide strategies t neurodivergent brains in the class-

Equity-Centered Social Emotional Learning

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Connecting to Oneself**Room F118****Ginger Meyer, SIU School of Medicine, Children's Medical and Mental Health Resource Network**

This session will provide insight into your unique ways you respond to stress and crisis. Understanding your own personal needs and how to attune and respond to them in any given moment is an essential skill for every educator. You will leave with practical tools to use when the day is just too much.

Generations in the Workplace**Room F107****Cheryl Mitchell, Relationship Analyst & Innovator**

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Growing and Expanding Mental Health Services in Schools**Room F112****Matt Buckman, Executive Director, Stress and Trauma Treatment Center**

Since the start of the pandemic, student and staff mental health have become one of the highest priorities reported within schools across the country. Growing and expanding mental health services in schools have produced varied results: some creating significant, long-term improvements while others have had little impact. Dr. Buckman will share information about recent funding that can be leveraged to recruit and retain quality school based mental health professionals as well as provide training to support district efforts. In addition, he will share the elements that research and experience shows will create an effective mental health program within a district or school building. Additionally, he will related these elements to potential sustainability options for current or future expansion.

Drug Endangered Children: How Can We Help Shape their Future**Room C138****Liesl Wingert**, SIU School of Medicine, Center for Rural Health

This session will explore the life experience of a drug endangered child, and give tips for developing a Drug Endangered Children (DEC) alliance in your local community (www.nationaldec.org).

Understanding Executive Function in Young Children**Room F109****Colleen McLaughlin**, Resilient Southern Illinois

Children are not born with Executive Function skills; they must be learned. This is difficult for children who have experienced trauma. Participants will gain information on brain development and learn why these skills are important in developing the whole child.

Hidden In Plain Sight (HiPS)**Room C113A
McCollum Terrace
Dining Room****Illinois CATCH onto Health! Consortium**

This interactive educational experience gained through demonstration allows you to discover the endless possibility of how everyday items can disguise substance use, even the ones Hidden In Plain Sight.

Luncheon/Networking**12:20 – 1:30 pm**

Boxed lunches includes sandwich, pickle, cookie and bag of chips
(turkey club or veggie wrap)

Door prizes...must be present to win!**Thank you to our Vendors!!****Angela's Bags, Thermals,
Totes, & More****Centerstone****Confluence Books****Illinois Education Association****McKendree University****The Teacher Store**

A Self-Care Choose Your Own Adventure: The Magic of Self-Care or the A-Meow-Zing Practice of Self-Care**Room C138**

Abi Cowser-Barnett, SIU School of Medicine, Children's Medical & Mental Health Resource Network

Participants will choose their self-care journey through the lens of the wizarding world or our feline friends and learn to look beyond the societal expectations of self-care and utilize self-care practice as a fundamental tool for regulation. This session will explore the personal and professional hazards that can come from a lack of self-care, such as secondary trauma, burnout, and compassion fatigue. In addition, participants will learn the six categories of self-care and how to develop a realistic self-care plan to meet their individual needs.

Empowering Glitter Brains**Room F118**

Megan Ragan, MSW, LSW, Stress and Trauma Treatment Center

This session will discuss the benefits of neurodivergence and provide strategies to support, enhance, and empower resilient neurodivergent brains in the classroom setting.

Incorporating Social Emotional Learning Toys & Materials into your EC Classroom**Room F109**

Colleen McLaughlin, Resilient Southern Illinois

This hands-on workshop will introduce participants to the newly established Library for Social Emotional Learning. We will play social emotional learning games and discuss how to use them in your classroom/program. Appropriate for Pre-K through grade 2.

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Jenny Seitz, Illinois Education Association

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Understanding Human Trafficking**Room B34
O'Neil Auditorium****Jennifer Gulley**, The Survivor Empowerment Center

Human trafficking is much more common than we realize. You will leave this session with a better understanding of sex trafficking and feel more confident in your ability to spot the signs.

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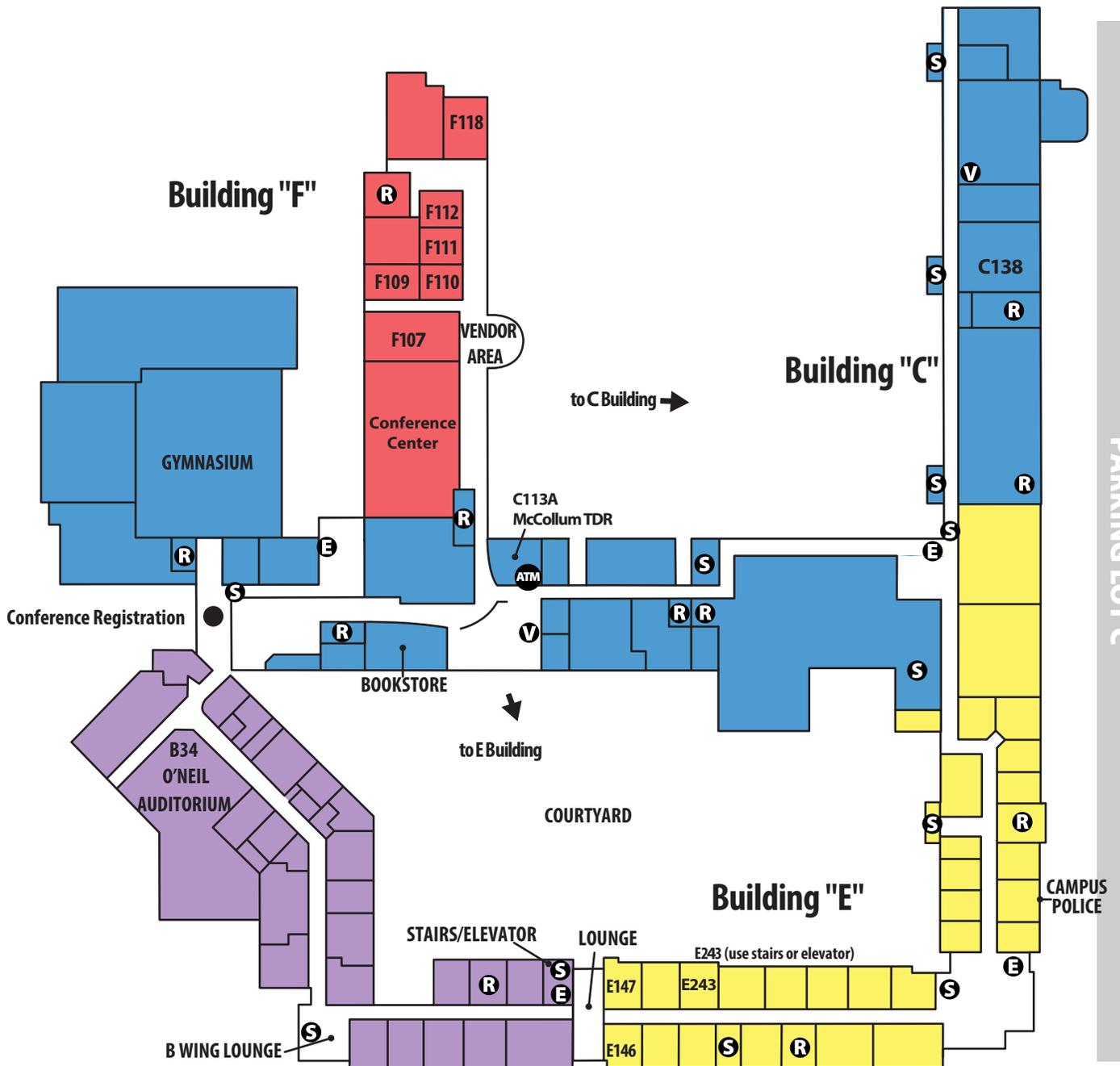
This interactive educational experience gained through demonstration allows you to discover the endless possibility of how everyday items can disguise substance use, even the ones Hidden In Plain Sight.

JOHN A. LOGAN COLLEGE MAIN CAMPUS FIRST FLOOR

Building "G"

- ELEVATOR ㊦
- RESTROOM ㊦
- STAIRS ㊦
- VENDING ㊦

PARKING LOT A



PARKING LOT C

PARKING LOT P