

SIU Pitching Development Camp

Saluki Pitching Development Camp is a great opportunity to come and get an extensive evaluation, as well as learn important day-to-day routines like those used by Saluki pitchers. This 2-day camp will provide access to a detailed Rapsodo report that will be explained by SIU coaches (MPH, Spin Rate, Etc.). Each pitcher will get a detailed packet explaining everything that we will go over during the camps. The benefit of attending both camp sessions is the ability for us to track progress and access growth from one session to another, thus allowing a more detailed report to leave you with heading into your spring season! The report provided, as well as the detailed daily maintenance that goes into developing as a high-level pitcher. The camp will include demonstrations, drill work, mindset/approach discussions, and mobility training. Items needed: glove, tennis shoes and water.

LIMIT: 20 campers

Location: SIU Rec (Baseball Turf)

Ages: 12-18

Open to any and all entrants (limited only by number, age, grade level and/or gender)

REGISTRATION FORM		24M0201005
First name:	Last name:	
Home address:	City/state/ZIP	
Day phone:	Cell phone:	
Email address:	Age:	
<input type="checkbox"/> January 28 -\$120 or <input type="checkbox"/> February 4 -\$120 <input type="checkbox"/> January 28 and February 4 -\$210 TOTAL ENCLOSED: \$ _____		
Payment (choose one): <input type="checkbox"/> Cash <input type="checkbox"/> Check # <small>(Payable to SIUC)</small> <input type="checkbox"/> Credit Card <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard		Credit Card #: <hr/> Exp. Date: CVC: <hr/> Name on Card:

Return form to: Events and Outreach
 Southern Illinois University
 1265 Lincoln Drive
 Carbondale, Illinois 62901

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