

Southern Illinois Drug Awareness Conference
Back Bigger Better

**Updates in Medication Assisted Treatment
for Opiate Use Disorder**

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All about me

- ▶ Family physician in Murphysboro, Illinois
- ▶ DATA Waivered in 2011
- ▶ Special interest in opiate use disorder in pregnancy

Disclosure

- ▶ I've been a consultant for Indivior on two separate occasions. Each time, this was a full day panel in which I was asked about Indivior's marketing strategies regarding Sublocade (injectable buprenorphine).
- ▶ No ongoing relationship with any commercial entity.

Quick review of Medication assisted Treatment

- ▶ Three choices:
 - ▶ Buprenorphine
 - ▶ Naltrexone
 - ▶ Methadone
- ▶ It works!

Brief history of the Data Waiver

- ▶ Drug Addiction Treatment of Act of 2000
- ▶ Buprenorphine approved in 2002
- ▶ Required 8 hours of training
- ▶ Patient limits of 30, 100, 275

DATA Waiver eliminated

- ▶ Consolidated Appropriations Act of 2023
- ▶ Passed December 2022, took effect in January 2023
- ▶ Almost no fanfare
- ▶ Anyone with a DEA license can write for buprenorphine

National Trends in Providing Mat

- ▶ DATA Waivered Providers in January 2017: 34,149
- ▶ DATA Waivered Providers in May 2021: 96,415

- ▶ Providers writing for buprenorphine in January 2017: 15,232
- ▶ Providers writing for buprenorphine in May 2021: 31,391

- ▶ Numbers look good, but about 6,000 providers do most of the work

Quick Informal Glimpse At Southern Illinois

- ▶ I used SAMHSA's database and looked up providers within 50 miles of Carbondale
- ▶ 52 are listed
- ▶ At least 6 of these aren't in practice anymore
- ▶ There are 9 who prescribe quite a bit
- ▶ The others are unknown to me to be prescribing

Medication Access and Training Expansion (MATE) Act

- ▶ Took effect June 2023
- ▶ Requires 8 hours of training on prescribing opiates for providers with a DEA license
- ▶ Illinois had already required 3 hours of training per 3 year cycle

Buprenorphine Forms

- ▶ Sublingual
 - ▶ Suboxone
 - ▶ Subutex
 - ▶ Zubsolv
 - ▶ Others
- ▶ Injectable
 - ▶ Sublocade
 - ▶ Brixandi

Buprenorphine monoproduct vs Combination product

- ▶ Does naloxone really matter?
- ▶ A brief history of suboxone vs subutex

Injectable buprenorphine

- ▶ Sublocade
 - ▶ 100 mg or 300 mg monthly
- ▶ Brixandi
 - ▶ Weekly dosages: 8 mg, 16 mg, 24 mg, 32 mg
 - ▶ Monthly dosages: 64 mg, 96 mg, 128 mg

Buprenorphine side effects getting more attention

- ▶ Teeth
- ▶ Androgens

Telehealth

- ▶ COVID changed everything
- ▶ For those of us in Illinois, we can only treat someone physically located in Illinois
- ▶ Licensure is one thing, payment is another

Methadone Update - “Three day rule”

- ▶ August 23, 2023 Easy Medication Access and Treatment for Opiate Addiction Act
- ▶ Three days for initiation or detox
- ▶ Okay to continue treatment if follow up in place

Naltrexone update

- ▶ Really nothing new for opiate treatment disorder

MAT for Methamphetamine

- ▶ No currently approved meds
- ▶ Bupropion/Naltrexone might work
- ▶ Monoclonal antibodies might work

Bibliography

- ▶ Changes in Waivered Clinicians Prescribing Buprenorphine and Prescription Volume by Patient Limit. [JAMA](#). 2023 May 23; 329(20): 1792–1794.
- ▶ The laws cited in my presentation can be looked up directly.
- ▶ <https://www.samhsa.gov/medications-substance-use-disorders/training-resources>. This website has links to several practice guidelines.

