Updates in Medication Assisted Treatment for Opiate Use Disorder

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All about me

- Family physician in Murphysboro, Illinois
- DATA Waivered in 2011
- Special interest in opiate use disorder in pregnancy
Disclosure

- I’ve been a consultant for Indivior on two separate occasions. Each time, this was a full day panel in which I was asked about Indivior’s marketing strategies regarding Sublocade (injectable buprenorphine).

- No ongoing relationship with any commercial entity.
Quick review of Medication assisted Treatment

- Three choices:
  - Buprenorphine
  - Naltrexone
  - Methadone

- It works!
Brief history of the Data Waiver

- Drug Addiction Treatment of Act of 2000
- Buprenorphine approved in 2002
- Required 8 hours of training
- Patient limits of 30, 100, 275
DATA Waiver eliminated

- Consolidated Appropriations Act of 2023
- Passed December 2022, took effect in January 2023
- Almost no fanfare
- Anyone with a DEA license can write for buprenorphine
National Trends in Providing Mat

- DATA Waivered Providers in January 2017: 34,149
- DATA Waivered Providers in May 2021: 96,415
- Providers writing for buprenorphine in January 2017: 15,232
- Providers writing for buprenorphine in May 2021: 31,391
- Numbers look good, but about 6,000 providers do most of the work
Quick Informal Glimpse At Southern Illinois

- I used SAMHSA’s database and looked up providers within 50 miles of Carbondale
- 52 are listed
- At least 6 of these aren’t in practice anymore
- There are 9 who prescribe quite a bit
- The others are unknown to me to be prescribing
Medication Access and Training Expansion (MATE) Act

- Took effect June 2023
- Requires 8 hours of training on prescribing opiates for providers with a DEA license
- Illinois had already required 3 hours of training per 3 year cycle
Buprenorphine Forms

- Sublingual
  - Suboxone
  - Subutex
  - Zubsolv
  - Others

- Injectable
  - Sublocade
  - Brixandi
Buprenorphine monoprodut vs Combination product

- Does naloxone really matter?

- A brief history of suboxone vs subutex
Injectable buprenorphine

- **Sublocade**
  - 100 mg or 300 mg monthly

- **Brixandi**
  - Weekly dosages: 8 mg, 16 mg, 24 mg, 32 mg
  - Monthly dosages: 64 mg, 96 mg, 128 mg
Buprenorphine side effects getting more attention

- Teeth
- Androgens
Telehealth

- COVID changed everything

- For those of us in Illinois, we can only treat someone physically located in Illinois

- Licensure is one thing, payment is another
Methadone Update - “Three day rule”

- August 23, 2023 Easy Medication Access and Treatment for Opiate Addiction Act
- Three days for initiation or detox
- Okay to continue treatment if follow up in place
Naltrexone update

- Really nothing new for opiate treatment disorder
MAT for Methamphetamine

- No currently approved meds
- Bupropion/Naltrexone might work
- Monoclonal antibodies might work
Bibliography


- The laws cited in my presentation can be looked up directly.

- [https://www.samhsa.gov/medications-substance-use-disorders/training-resources](https://www.samhsa.gov/medications-substance-use-disorders/training-resources). This website has links to several practice guidelines.