



MARION VAMC RRTP

BASIC INFORMATION

- 20 beds (currently 15 operational)
- Three tracks: Addictions, PTSD, and SMI
- Tier-based program with growing privileges and responsibilities
- Individualized treatment, including length of stay
- COVID-19 mitigation procedures in place
- Current wait is approximately 14 days, but can vary between 1-30 days

A photograph of a resident room. On the left is a bed with white linens and two pillows. In the center is a window with white blinds. On the right is a desk with a black office chair, a white telephone, and a wooden cabinet above it. A whiteboard is on the wall near the window. The room has yellow walls and wood flooring.

RRTP RESIDENT ROOM

SERVICES

- Two individual psychotherapy sessions per week with primary therapist
 - Prolonged Exposure (PE)
 - Cognitive Processing Therapy (CPT)
 - Cognitive Behavioral Therapy (CBT-CP, D, I)
 - Motivational Interviewing/Motivational Enhancement Therapy (MI/MET)
 - Problem-Solving Therapy (PST)
- One individual psychotherapy session per week with Addiction therapist
- On-site healthcare and community care as needed
- Psychotherapy and psychoeducation groups
- Addiction- Intensive Outpatient Program (IOP)



CORE GROUPS

- Shame, Blame, Guilt & Regret (SBGR)
- Moral Reconciliation Therapy (MRT)
- Cognitive Behavioral Therapy (CBT)
- Self-Esteem
- Anger Management
- Healthy Relationships
- Strength at Home (SAH)
- Seeking Safety
- Nutrition
- Peer Support
- Life Skills
- Recreational Therapy Group
- Mindful Awareness
- Inner Peace & Recovery
- Community Group
- Wellness Recovery Action Plan (WRAP)

ADDICTION- INTENSIVE OUTPATIENT PROGRAM (IOP) GROUPS

- Early Recovery Skills twice per week
- Relapse Prevention Skills twice per week
- Living in Balance
- Dialectical Behavioral Therapy (DBT)
- Social Support Group
- IOP can be completed in 8 weeks



RRTP RESIDENT KITCHEN

PROGRAM HIGHLIGHTS

- Remained open throughout COVID pandemic; continue to provide residential care even during times when serving COVID positive Veterans
- Continued to operate a Veteran Resident-operated kitchen during the COVID pandemic
- Regularly receive and accept referrals from providers outside of our local VISN
- Process improvements include standing admission orders, iPads for Veterans quarantined, and re-introduction of community integration Recreation Therapy
- Veteran representation among staff includes Program Manager, Nurse Manager, Peer Support and Recreation Therapist
- Holistic, insight-oriented program focused on Veterans achieving their goals and improving their quality of life on an individualized time-line