

# **INTERSECTIONALITY OF HUMAN TRAFFICKING, BEHAVIORAL HEALTH AND SUBSTANCE MISUSE**

Presented by Restoration61 Staff

# TRIGGER WARNING

MAYBE TRIGGERING AND INCLUDES CONTENT ON SEXUAL ASSAULT, DRUG USE, INCEST, AND HUMAN TRAFFICKING



# RESTORATION61

A non-profit organization that engages communities and their stakeholders through education to develop strategies that disrupt the cycle of human trafficking and directly serve the individuals impacted by human trafficking. Since 2015, Restoration61 has provided services to more than 4,000 individuals throughout the state of Illinois.



# VICTIM & CLINICAL SERVICES



Outreach



Crisis Intervention



Case Management



Clinical Services



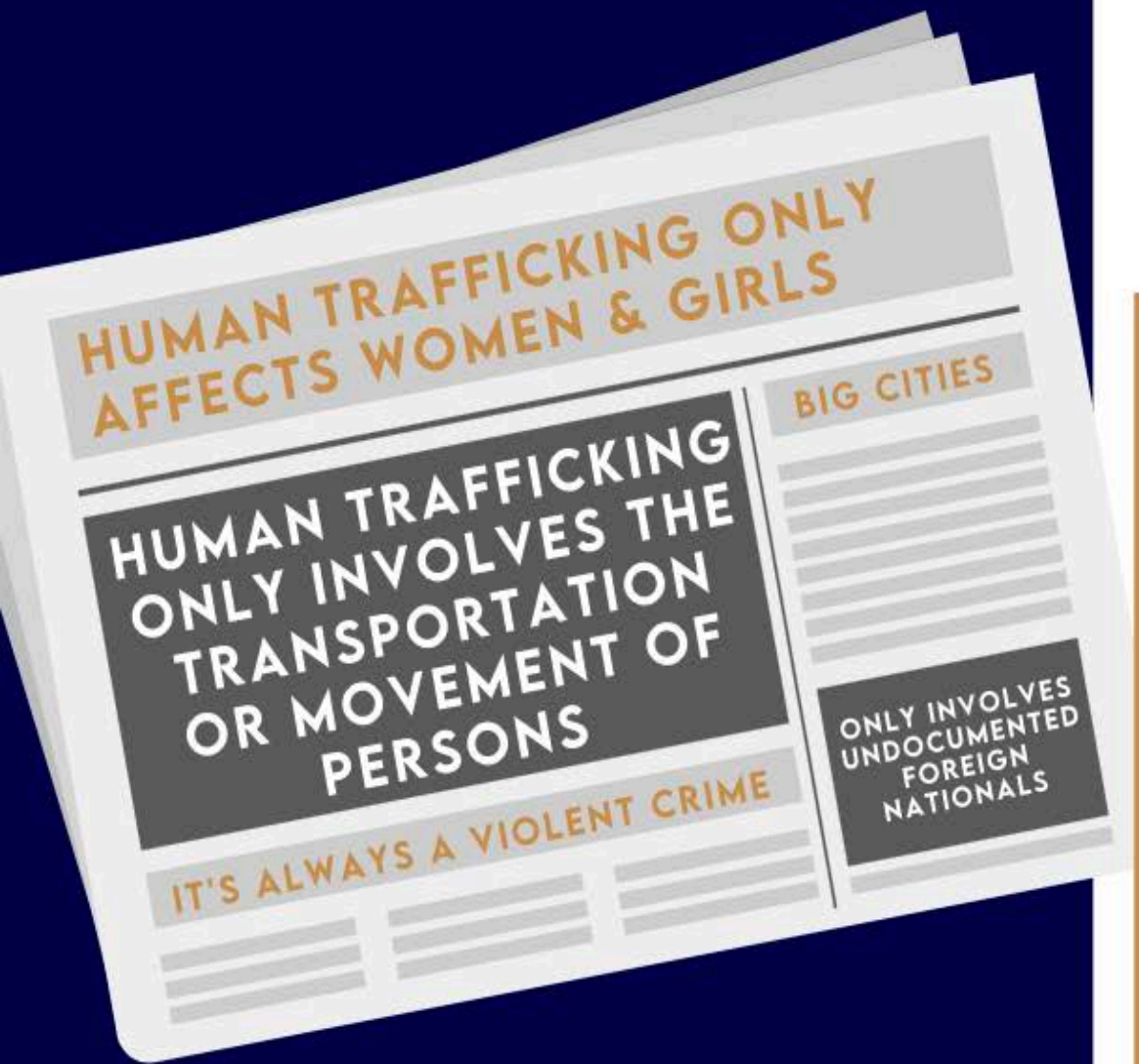
Victim Advocacy



# WHAT IS HUMAN TRAFFICKING?

The buying and selling of individuals to engage in some form of labor or commercial sex act through the use of force, fraud or coercion.





# COMMON MYTHS AND MISCONCEPTIONS

# WHAT DOES TRAFFICKING LOOK IN SOUTHERN ILLINOIS?

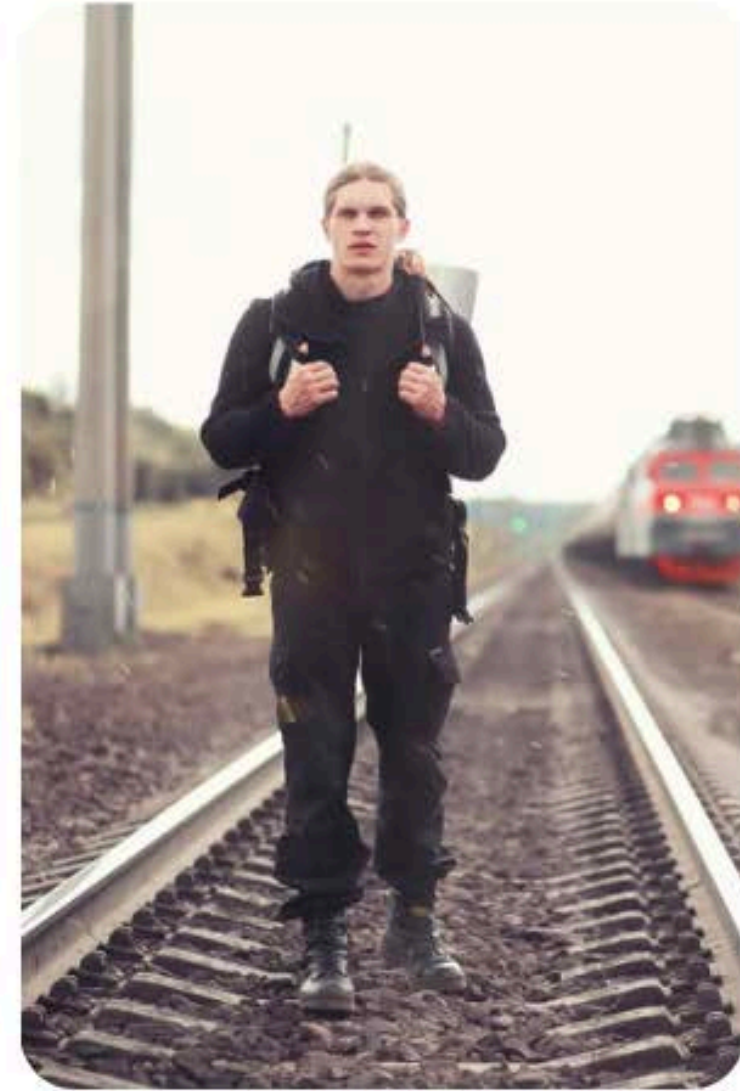
- FAMILIAL
- MASSAGE PARLORS
- SCHOOLS
- TRUCK STOPS
- STRIP CLUBS
- MIGRANT WORKERS
- FOSTER CARE
- HOTELS
- CHURCHES
- PORNOGRAPHY
- SUGAR DADDY
- ONLINE





# WHO IS AT RISK?

15 is the average  
age of entry into  
human trafficking.





# GROOMING PROCESS



Identifying

Gaining  
Trust

Filling A  
Need

Isolation

Crisis

Start of  
Abuse

Maintaining  
Control

# WHAT TRAFFICKING LOOKS LIKE

## Often identified as:

- Prostitution
- Homelessness
- Addiction
- Victim of domestic violence
- Mentally unstable
- Social disorders
- Hypersexual behaviors

## Often identified as:

- Criminals
- Multiple felony charges or misdemeanors
- Unemployed/Unemployable

## Presence of complex trauma:

- Trauma bonding
- Suicidal ideation
- Self harm behaviors
- Bipolar disorder
- PTSD
- Depression
- Anxiety
- Paranoia

# BELIEFS ABOUT THEMSELVES



## Identity

Victims of human trafficking often initially lack the ability to see themselves as capable apart from their trafficker



## Value

Victims of human trafficking often lack the ability to see their worth beyond their earning potential



## Community

Victims of human trafficking often believe they are undeserving of love and respect and therefore feel undeserving of being part of a community that would care for them



# INTERACTIONS WITH HEALTH CARE

67% OF VICTIMS WHO ARE IDENTIFIED AS VICTIMS OF HUMAN TRAFFICKING HAVE A BEHAVIOR HEALTH DIAGNOSIS WHEN THEY ARE IDENTIFIED

87% OF VICTIMS OF HUMAN TRAFFICKING WE HAVE PROVIDED SERVICES TO EXPRESS HAVING AN UNHEALTHY RELATIONSHIP WITH ILLICIT DRUGS OR ALCOHOL

69% OF SURVIVORS WERE ALLOWED ACCESS TO MEDICAL CARE DURING THEIR EXPLOITATION

85% OF SURVIVORS RECEIVE MEDICAL TREATMENT FOR INJURY/ILLNESS DIRECTLY RELATED TO THEIR EXPLOITATION

# SUGGESTED SCREENING QUESTIONS:



# RED FLAGS: INDICATORS THAT YOUR PATIENT MAY BE A VICTIM OF HUMAN TRAFFICKING





# COLLABORATION

## WHO DOES WHAT YOU DO?

Talk to your peers are they encountering similar issues with similar clients. What solutions are they using?

## GROW YOUR KNOWLEDGE

Find experts and listen to experts on effective programs, treatments, strategies, etc.

Make sure they work with victims of human trafficking.

## LOOK INSIDE YOUR NETWORK

Who inside your network provides a different skill set that would help your client?

## LOOK OUTSIDE YOUR NETWORK

What services does your client need that your network does not provide. Create MOU's/MOA's with them.

Note to Therapist: Initial Effective Therapeutic Interventions are TF-CBT, EMDR, DBT, NEURO LINGUISTIC THERAPY, A.R.T, ANIMAL THERAPY, MINDFULNESS ACTIVITIES



# WHAT'S NEXT?



NOW YOU THINK YOU HAVE  
IDENTIFIED A VICTIM OF  
HUMAN TRAFFICKING,  
WHAT DO YOU DO?

**> 18 YEARS OLD**

**< 18 YEARS OLD**

THIS DETERMINES YOUR  
PATH!



# GET INVOLVED

- Educate yourself on Human Trafficking
- Become a monthly supporter
- Volunteer with us
- Host an event
- Host a donation drive and prepare HOPE TOTES







# STAY CONNECTED

P: (312) 550-0811

**General Inquires** [info@restoration61.org](mailto:info@restoration61.org)

**Volunteer Inquires** [volunteer@restoration61.org](mailto:volunteer@restoration61.org)

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