October 16 Meeting
Location: Grace United Methodist Church
220 N. Tower Road, Carbondale
• 9:30 Coffee Social Hour
• 10:30 Meeting and Program

October Greeters:
• Gayle Klam
• Pat Racana
• Marilyn Daniel
• Lilly Crane (hostess)

Chair: John Pohlmann

AT A GLANCE
Monthly Meetings:
*November 13, 2019
January 15, 2020
February 19, 2020
*monthly meeting had to be moved one week earlier

QUESTIONS?
EMAIL SILIR AT SILIR@SIU.EDU OR CALL 618/536-7751

Golden Opportunities

October Speaker:
Professor Marjorie Brooks
A Living Laboratory at Southern Illinois University

In 2016 SIU Campus Lake had accumulated 50 years’ worth of decaying leaves and wetland plants. SIU decided to drain and dredge Campus Lake. The result was a much healthier lake with fewer nutrients. Dr. Brooks will give us the latest updates on Campus Lake projects as well as the subsequent health of the lake.

Professor Brooks is a Professor in the SIU Department of Zoology. Her research interests are freshwater and marine biogeochemistry and aquatic ecology.

Have you renewed your FY20* SILIR membership?

*FY20 (July 1, 2019 - June 30, 2020)
Still only $25

Visit the SI Learning in Retirement web page at:
https://conferenceservices.siu.edu/silir.php
**SILIR Monthly Interest Groups**

<table>
<thead>
<tr>
<th><strong>Musical of the Month Interest Group</strong></th>
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<tr>
<td>This group meets the 1st Wednesday each month to watch and discuss a musical or movie musical.</td>
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<td><em>Bye Bye Birdie</em></td>
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<td>The next meeting will be Wednesday, October 2</td>
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<td>at Epiphany Lutheran Church. Coffee and snacks at 9:00 am and movie at 9:15 am.</td>
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<tr>
<th><strong>Monthly Book Club</strong></th>
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<tr>
<td>The Book Club meets on the 3rd Monday of the month at 9:30 am at Epiphany Lutheran Church on West Chautauqua.</td>
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<tr>
<td><strong>October 21</strong></td>
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<td>October’s book selection is <em>Educated</em> by Tara Westover</td>
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<tr>
<th><strong>Monthly Lunch Discussion Group</strong></th>
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<td>Members are invited to join this group to meet monthly to share lunch and open conversation. The group moves around to different regional restaurants throughout the year, meeting at <strong>11:45 am</strong>.</td>
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<tr>
<td><strong>October 24</strong></td>
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<td>Location: Giant City Lodge</td>
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**Special Accommodations**

SILIR members needing a special accommodation to participate in a SILIR activity must notify SIU Conference and Scheduling Office 618/ 536-7751 two weeks prior to the published date of an activity or at the time of registration for a trip. SILIR will make reasonable efforts to accommodate those with special needs. SILIR is not required to provide services of a personal nature so if you need assistance of a personal nature during a SILIR activity, it is your responsibility to provide the personal assistant.

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**Membership Directory**

A new directory will be mailed out this fall. To opt out of being included, please contact Jackie Welch by phone (618-536-7751) or email (jackiew@siu.edu) no later than October 11.
## SILIR Session II Classes — October 21-November 22, 2019

### Tuesday

**Social History of Southernmost Illinois Land Use**

**Instructor:** Kay Rippelmeyer-Tippy  
**Registration Fee:** $10.00  
**October 22-November 19**  
**9:30 - 11:30 am**  
**Epiphany Lutheran**

The course begins with native peoples’ and French colonials’ land use and pre-Civil War settlement; it continues with the Depression, early years of the Shawnee National Forest, the CCC, Giant City State Park and College in the Hills, then the 1950s political/religious backlash to the New Deal and finally the back-to-the-land movement of the 1960s and 1970s. A bibliography and suggested readings will be available at each class.

### Modern Jazz and the Musicians Who Made It

**Instructor:** Alan Bennett  
**Registration Fee:** $10.00  
**October 22-November 19**  
**1:30 - 3:30 pm**  
**Epiphany Lutheran**

We will listen to jazz of the 40’s and 50’s (Bird, Diz, Miles, Duke, Brubeck, Monk, etc.) and watch “A Great Day in Harlem”. This is an irresistible documentary film examining the lives and music of 57 jazz musicians who showed up to have their awesome picture taken in 1958 for Esquire magazine.

### Wednesday

**The Art of Cooking**

**Instructor:** Mimi Rice  
**Registration Fee:** $10.00  
**October 23-November 20**  
**1:30 - 3:30 pm**  
**Epiphany Lutheran**

This DVD course will be a rediscovery of The Art of Cooking, from tools and ingredients to the various methods and techniques of cooking. Bill Briwa, Chef Instructor at the Culinary Institute at Greystone, will instruct us in the basic flavors, their definitions and how to use them. The "foundations," stocks and broths, and their use; herbs and spices and their importance and use in cooking will get you inspired to do some real cooking. His method of instruction uses recipes that'll make your mouth water! There will be a chance for sharing ideas after each DVD presentation.

### Thursday

**Our National Parks**

**Instructor:** Tom Britton  
**Registration Fee:** $10.00  
**October 24-November 21**  
**9:30 - 11:30 am**  
**Epiphany Lutheran**

The course consists of four sessions exploring U.S. National Parks. The first session will include an historical overview of the system of national parks with a focus on the oldest national park, Yellowstone. In subsequent sessions, six other parks chosen by class participants will be described and explored.

Teaching will be a combination of short lectures, group discussions, and video presentations based largely on Ken Burn's PBS documentary, "The National Parks - America's Best Idea."
Immunizations: Separating Fact from Fiction

**Instructor:** Dr. Mary Pohlmann  
October 24-November 21  
1:30 - 3:30 pm  
Epiphany Lutheran

We will discuss the controversy over required immunizations. We will include why to immunize and why not to immunize, including the effectiveness and dangers of immunizations. The history of the development of immunizations and the history of the anti-vax movement will be discussed. Childhood, adult, and travel immunizations will be covered, as well as vaccines currently under development. State laws and school regulations regarding immunizations will be discussed, as well as exemptions and how unimmunized children are safeguarded.

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So You Think You Know St. Louis

**Instructor:** Gary Hartlieb  
October 24-November 21  
1:30 - 3:30 pm  
Carbondale Township Offices

The history of St. Louis will be examined through videos and discussion. Particular attention will be paid to the 1800's and 1900's, with one session devoted to the 1904 World's Fair. Rarely known facts will be revealed, and landmarks will be explained in detail.

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Short Cinema Studies

**Instructor:** Dr. Walter Metz  
October 25-November 22  
9:30 - 11:30 am  
Epiphany Lutheran

This course invents new ways of thinking about short format fiction, concentrating on how and why short stories and short films end. We will study two primary literary examples: James Joyce's "epiphany" and Edgar Allan Poe's "single effect." The instructor has invented a theoretical framework which he calls "up-conversion" and "down-conversion" which he uses to analyze the adaptation of short fiction into feature films, and vice versa. An example of the former is Burt Lancaster's reworking of John Cheever's short story, "The Swimmer" into a feature film. An intriguing down-conversion is Theo Angelopoulos' one-minute film version of Homer's epic poem, The Odyssey. We will study these and other texts to understand what effect duration has on our experience of film and literature.
REMINDEERS:

Departure time for the fall trip:  St. Louis Symphony Orchestra
November 15th at 6:30 am

We will depart from the south end of the Arena parking lot

November meeting:  We will meet the 2nd Wednesday, November 13th
(NOT the 20th)

Membership Directory:  A new directory will be mailed out this fall.
To opt out of being included, please contact Jackie Welch
by phone (618-536-7751) or email (jackiew@siu.edu)
no later than October 11.

Timeto Renew Your Membership

If you haven’t already renewed your membership in Southern Illinois Learning in Retirement (SILIR),
do so now to be eligible for fall classes. The SILIR Curriculum Committee has slated a wide variety
of classes on topics such as literature, religion, archeology, law, and science.

Membership in SILIR runs from July 1 - June 30 the following year. Sign up now for the benefits of
membership: classes, speakers, interest groups and access to trips. The cost of membership re-
mains the same as it has been for over 10 years, thanks to the many teachers and speakers who
provide “life-long learning” to our members with little compensation.

Three easy ways to renew!! Membership is still $25:

♦ Mail registration form and payment to Conference & Scheduling Services (check or credit card)
♦ Call Conference and Scheduling Services at 618 / 536-7751 (credit card only)
♦ Pay at the monthly meeting (with check or EXACT cash!)
## October 2019

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Please submit a check payable to "SIU Carbondale" or your credit card information below.

Credit Card Number ___________________________ Exp. ___________
Name on Card ___________________________ CVC ___________
Email (for receipt): ___________________________

LEARNING IN RETIREMENT PROGRAM WAIVER DISCLAIMER: Most SILIR activities require very little mobility. When an activity requires traveling up to 1 mile or more or navigating 10 steps or more, or involves longer waiting or standing times, we will alert you so that you may choose wisely.

Signature ___________________________ Date ___________

My signature confirms that I have read and understand the activity level of any trip sponsored by Learning in Retirement and accept the risks and conditions of the trip. I am aware that some trips may encounter rough terrain and closed-toe shoes will aid in maintaining my safety.

Mail to: Conference & Scheduling Services
Student Center - Mail Code 6705
Carbondale, IL 62901

or call Registration at 618-536-7751 to register with your credit card.
What will you learn today?

Visit the SI Learning in Retirement web page at: conferenceservices.siu.edu/silir.php