March Speaker: Marci Moore-Connelley, MD

SIH Overview with a Focus on Cancer Rates in Southern Illinois and the Expansion of the Cancer Institute

Southern Illinois Healthcare has grown and continues to expand to improve the health of the people in the region. This presentation will provide an overview of SIH with a special focus on how cancer rates in our region differ from the rest of the state and nation, as well as a peek into areas of expansion.

Dr. Moore-Connelley is the Senior VP & Chief Medical Officer for the SIH System. Board Certified in Family Medicine, she is a graduate of SIU, earned her medical degree at the University of Illinois, and practiced family medicine at the SIU Carbondale Family Medicine. While in system administration, Dr. Moore-Connelley continues a part-time family practice at West Frankfort Family Practice.

Visit the SI Learning in Retirement web page at:
https://conferenceservices.siu.edu/silir.php

Special Accommodations
SILIR members needing a special accommodation to participate in a SILIR activity must notify SIU Conference and Scheduling Office 618/536-7751 two weeks prior to the published date of an activity or at the time of registration for a trip. SILIR will make reasonable efforts to accommodate those with special needs. SILIR is not required to provide services of a personal nature so if you need assistance of a personal nature during a SILIR activity, it is your responsibility to provide the personal assistant.
SILIR Monthly Interest Groups

Musical of the Month Interest Group

This group meets the 1st Wednesday each month to watch and discuss a musical or movie musical.

Carousel

The next meeting will be

Tuesday, March 4

at Epiphany Lutheran Church. Coffee and snacks at 8:45 am and movie at 9:00 am.

Monthly Book Club

The Book Club meets on the 3rd Monday of the month at 9:30am at Epiphany Lutheran Church on West Chautauqua.

March 16

March’s book selection is

Leadership in Turbulent Times

by Doris Kearns Goodwin

Monthly Lunch Discussion Group

Members are invited to join this group to meet monthly to share lunch and open conversation.

The group moves around to different regional restaurants throughout the year, meeting at 11:45am

March 26

Location:

Sunny Street Café

SILIR Session II Classes — March 16 - April 17, 2020

Monday

Religion Revered, Religion Reviled

Instructor: Paul Mundschenck

Registration Fee: $10.00

March 16-April 13 1:30 - 3:30 pm

Epiphany Lutheran

Religion is unquestionably one of the most contentious and divisive of human institutions, and yet, simultaneously, one of its most esteemed and treasured. People turn to religion for comfort and for guidance on how to live a loving and humane life, but religion has also provided grounds for some of the deadliest wars in human history, and continues to do so. This course will explore religion’s inherently incongruous nature with clear-eyed recognition that partial understanding is probably the most we can hope to attain.

REMEMDER

Journey to the Old South participants

April 20-24, 2020

Bus will depart south end of the Arena parking lot at 6 a.m. on Monday, April 20th.
SILIR Session II Classes continued — March 16 -April 17, 2020

Tuesday

Illinois History after Lincoln

Instructor: Michael Batinski  
March 17-April 14  
9:30 - 11:30 am  
Carbondale Township

Yes, there is a history of Illinois after Lincoln. And that past is relevant to our lives today. Central to this exploration lie the questions: How does the past live with us today? What does it mean to live in Illinois? We will discuss these questions by looking at the various answers found in the small town and the city, in the different ethnic experiences, and in the ways these peoples have interacted. So too, the past affects our lives today when we stop to consider how generations of Illinoisans have shaped this land to their wills. We will begin to explore this environmental history as well. Finally, and throughout the course, we will discuss what it means to be an Illinoisan—in short, that identity or identities.

Justices and Judges: Lives On and Off the Court

Instructor: Suzanne Schmitz  
March 17-April 14  
1:30 - 3:30 pm  
Epiphany Lutheran (March 17th class will be held at Carbondale Township)

We will examine the life on and off the court of selected judges, including Louis Brandeis, Robert Jackson, Thurgood Marshall, Sandra Day O’Connor and others who may surprise you. For example, do you know how many U.S. Supreme Court justices were from Illinois? We will ask how, if at all, their pre-court life affected their work on the court. We will not consider any of the current U.S. Supreme Court justices.

Wednesday

The Documentary Films of Frederick Wiseman

Instructor: Walter Metz  
March 18-April 15  
1:30 - 3:30 pm  
Epiphany Lutheran

In 1967, lawyer Frederick Wiseman released his first documentary, Titicut Follies, a cinema verité expose of the horrid conditions at a Massachusetts mental institution. Over the next half century, Wiseman has made a film per year interrogating the relationship between social institutions and the individuals who interact with them. His camera locations, buried in the corners of rooms, belie his artistic intent, ironic portraits of people toiling within systems which produce results outside of their control. Wiseman shades the tone of his films via the editing of massive amounts of film footage; indeed, Wiseman is one of the great editors in film history.
SILIR Session II Classes continued — March 16 - April 17, 2020

Thursday

**Short Story — How and Why To Read It**

**Instructor:** Beth Lordan  
**Registration Fee:** $10.00  
**March 19 - April 16**  
9:30-11:30 am  
Epiphany Lutheran

We will look at the following stories: "Enough" McDermott; "Hills Like White Elephants" Hemingway; "Cousins" Oates; "The Wizard of West Orange" Millhauser; "Hidden Meanings, Treatment of Time, Supreme Irony and Life Experiences in the song, Ain't Gonna Bump No More Big Fat Woman" Parker

**A House Divided**

**Instructor:** Dan Jones  
**Registration Fee:** $10.00  
**March 19 - April 16**  
9:30 - 11:30 am  
Epiphany Lutheran

This course will compare the similarities between America in the age of Abraham Lincoln to the America that is being led by Donald Trump. America is at a cross roads once again.

**Our National Parks**

**Instructor:** Tom Britton  
**Registration Fee:** $10.00  
**March 19 - April 16**  
1:30 - 3:30 pm  
Epiphany Lutheran

The course consists of four sessions exploring U.S. National Parks. The first session will include an historical overview of the system of national parks with a focus on the oldest national park, Yellowstone. In subsequent sessions, six other parks chosen by class participants will be described and explored. Teaching will be a combination of short lectures, group discussions, and video presentations based largely on Ken Burn's PBS documentary, "The National Parks - America's Best Idea."
Wildflower Walk

**Instructor:** Jill Adams  
**Registration Fee:** $10.00

**April 6 and/or 20**  
1:15 p.m.

On April 6th, we will follow a loop trail of about 1.5 miles at Rocky Bluff on Crab Orchard National Wildlife Refuge. There is a descent and a set of steps to return to the parking area. There is a handrail for the steps back to the parking lot, but the path before that is uneven with rocks, tree roots and stream crossings. A hiking stick or trekking pole may be useful. We will not be doing the whole trail but will take a short cut to complete a shorter loop. For April 6 hike, meet at 1:15 pm at the East Side of University Mall to carpool – where the theater entrance was.

**If you have the federal senior lifetime pass for national parks and lands, please bring it for the Rocky Bluff walk. Jill will have a few day passes if you do not.**

On April 20th, we will walk a trail from the south end of Snake Rd. to Otter Pond and back, for a total of a little over a mile. This trail is easier than the Rocky Bluff trail. Although there are snakes in the area, I do not usually see them on this trail (unlike the gated Snake Rd., where water moccasins are common). The trail is clear enough that there is little danger of actually stepping on a snake even if one is present. For April 20, meet at 1:15 pm at the Murdale parking lot under the stand alone Murdale sign near Banterra Bank.

Walk leaders Jill, Renee Potter and Dorcy Prosser do not claim comprehensive knowledge of botany, but they will do their best to help identify spring ephemerals that are in bloom. Likely wildflowers in bloom include, cleft phlox, woodland phlox, Virginia Spiderwort, blue-eyed Mary, bellwort Solomon’s seal, false Solomon’s seal, False rue anemone, celadine poppy, Virginia bluebells, jack-in-the-pulpit, etc.

**Rain Dates:**  
Monday, April 6 (Rain date Wed. April 8)

Monday April 20 (rain date April 22)

**You may join one or both walks**
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REGISTRATION FORM

• Please fill out and send entire form with payment •

SILIR REGISTRATION FORM (PLEASE FILL IN YOUR NAME AND ADDRESS.)

First Name ___________________________ Last Name ___________________________
First Name ___________________________ Last Name ___________________________
Street ________________________________
City ________________________________ State _________ Zip Code __________
Day Phone Number ____________________ Cell Phone ______________________

*E-mail Address

NEW MEMBERS: How did you hear about us? ☐ Friend ☐ Newspaper ☐ Social Media/Online ☐ Radio/TV

If you are registering more than yourself for a class/trip, please list the name(s) of the SILIR member you are registering.

Name: ________________________________ (20W0901901) FY20 Membership Dues .............$13 x _____ = _______
(310x767) (January 1, 2020 — June 30, 2020) Not applicable if you have already paid the $25 annual dues

INTEREST GROUPS — July 1, 2019—June 30, 2020

Name: ________________________________ (20W0901902) Musicals Interest Group .............$10 x _____ = _______
Name: ________________________________ (20W0901904) Book Study Group ..................$10 x _____ = _______
Name: ________________________________ (20W0901905) Lunch Discussion Group ............$10 x _____ = _______

Session II Classes

Name: ________________________________ (20W0901933) Religion ..................$10 x _____ = _______
Name: ________________________________ (20W0901934) IL History after Lincoln .............$10 x _____ = _______
Name: ________________________________ (20W0901935) Justices and Judges ..................$10 x _____ = _______
Name: ________________________________ (20W0901936) Frederick Wiseman ..................$10 x _____ = _______
Name: ________________________________ (20W0901937) Short Fiction ........................$10 x _____ = _______
Name: ________________________________ (20W0901938) A House Divided ......................$10 x _____ = _______
Name: ________________________________ (20W0901920) Our National Parks .................$10 x _____ = _______
Name: ________________________________ (20W0901939) Wildflower Walk—April 6 .........$ 5 x _____ = _______
Name: ________________________________ (20W0901940) Wildflower Walk—April 20 .........$ 5 x _____ = _______

Amount Enclosed $________________

LEARNING IN RETIREMENT PROGRAM WAIVER DISCLAIMER: Most SILIR activities require very little mobility. When an activity requires traveling up to 1 mile or more or navigating 10 steps or more, or involves longer waiting or standing times, we will alert you so that you may choose wisely.

Signature ________________________________ Date __________

My signature confirms that I have read and understand the activity level of any trip sponsored by Learning in Retirement and accept the risks and conditions of the trip. I am aware that some trips may encounter rough terrain and closed-toe shoes will aid in maintaining my safety.

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