October 17 Meeting
Location:
Grace United Methodist Church
220 N. Tower Road,
Carbondale
- 9:30 Coffee Social Hour
- 10:30 Meeting and Program

October Greeters:
- Gayle Klam
- Marianne Lather
- Sandy Lambert
- Shirley Cunningham

Chair: John Pohlmann

AT A GLANCE
Monthly Meetings:
November 28, 2018
January 16, 2019
February 20, 2019

QUESTIONS?
EMAIL SILIR AT
silir@siu.edu OR CALL
618/536-7751

Golden Opportunities
VOLUME 22, NUMBER 3
THE NEWSLETTER FOR SOUTHERN ILLINOIS LEARNING IN RETIREMENT (SILIR)

October Speaker:
Gretchen Dabbs, Associate Professor of Anthropology

Death and the City: Understanding Ancient Life through Cemeteries

Dabbs and her colleagues have excavated the ancient non-elite cemeteries of Al-Amarna, the birthplace of Nefertiti and King Tut. Researchers have found that the non-elite suffered nutritional deficiencies, heavy workloads, and rampant disease—certainly not the life, health, and prosperity that was the goal of Ancient Egyptian life.

Professor Dabbs is a Physical and Forensic Anthropologist. She conducts bio-archaeological research, specifically examining human skeletal remains for evidence of health and nutrition, both in the Middle East (Egypt) and the North American Arctic, two very different environments linked by their desert status.

Visit the SI Learning in Retirement web page at:
https://conferenceservices.siu.edu/silir.php

Special Accommodations
SILIR members needing a special accommodation to participate in a SILIR activity must notify SIU Conference and Scheduling Office 618/ 536-7751 two weeks prior to the published date of an activity or at the time of registration for a trip. SILIR will make reasonable efforts to accommodate those with special needs. SILIR is not required to provide services of a personal nature so if you need assistance of a personal nature during a SILIR activity, it is your responsibility to provide the per-
SILIR Monthly Interest Groups

Musical of the Month Interest Group
This group meets the 4th Wednesday each month to watch and discuss a musical or movie musical.

Kiss Me Kate
The next meeting will be Wednesday, October 24 at Epiphany Lutheran Church. Coffee and snacks at 9 am and movie at 9:15 am.

Monthly Book Club
The Book Club meets on the 3rd Monday of the month at 9:30am at Epiphany Lutheran Church on West Chautauqua.

October 15
October's book selection is
The Nightingale
by Kristin Hannah

Monthly Lunch Discussion Group
Members are invited to join this group to meet monthly to share lunch and open conversation. The group moves around to different regional restaurants throughout the year, meeting at 11:45am

October 25th
Location:
TRES HOMBRES
Carbondale, Illinois

Time to Renew Your Membership

If you haven’t already renewed your membership in Southern Illinois Learning in Retirement (SILIR), do so now to be eligible for fall classes. The SILIR Curriculum Committee has slated a wide variety of classes on topics such as literature, religion, archaeology, law, and science.

Membership in SILIR runs from July 1 - June 30 the following year. Sign up now for the benefits of membership: classes, speakers, interest groups and access to trips. The cost of membership remains the same as it has been for over 10 years, thanks to the many teachers and speakers who provide “life-long learning” to our members with little compensation. Below is a list of current members who have given so freely of their time to teach SILIR courses. Be sure to thank them for their efforts:

John Pohlmann
Mary Alice Kimmel
Paul Mundschken
Gary Hartlieb
Leo Gher
Rose Bender
Fran Oros
John Hooker
David Pellow
Suzanne Schmitz
John Jackson
Roland Person
Dennis Leitner
Thomas Mitchell
Parviz Sanjabi
Brian Butler
Christian Moe
Roberta Piper
Tom Britton
Jim Sylwester
Dona Bachman
Ken Buzbee
Anita Hutton
Mary Lamb
Trish Welch
Mike Hanes

Three easy ways to renew!! Membership is still $25.
• Mail registration form and payment to Conference and Scheduling Services (check or credit card)
• Call Conference and Scheduling Services at 618/536-7751 (credit card only)
• Pay at the monthly meeting (with check or EXACT cash!)
Please join Southern Illinois Group for Coffee & Donuts and the St. Louis Symphony as they Present Copland's Third Symphony Friday, November 16, 2018

6:30am Departure from the South End of the SIU Arena Parking Lot

We will make our way to Powell Symphony Hall this morning for their popular program — the Coffee and Donuts Concert. We arrive just in time for the pre-concert lecture. Enjoy this interesting perspective of the music which you will hear about from one of the conductors of the Symphony.

Then make your way to the Concert Hall and enjoy your coffee and donut as you pass by.

Today Cristian Macelaru conducts the St. Louis Symphony for Copland’s Third Symphony and Principal Bassoon Andrew Cuneo performs the world premiere of Rouse’s Bassoon Concerto, commissioned by the SLSO. The Symphony’s Principal Bassoon Cuneo takes center stage for the world premiere. Copland’s Third Symphony was written to reflect the euphoric state of the country immediately following World War II. The last movement of Copland’s Third Symphony pays homage to the composer’s famous Fanfare for the Common Man.

After the concert, return to our motorcoach and travel to the “Hill” for a late lunch at Favazza’s. Enjoy a House Salad, with Sicilian Chicken, a Side of Pasta with Hot Bread and Butter and Cannoli for dessert. After lunch, we'll stop at the Missouri Bakery here on the “Hill” for a little shopping time. Then we'll return back to Carbondale arriving at approximately 6:30pm.

**PER PERSON COST**: $112.00
For Information Please Call:
Don Boehne - 618-549-1319

All payments are non-refundable.

Reservations are due no later than October 1, 2018. Due to the policy of the Symphony all payments are due by that date and are non-refundable. Please Call 618.536.7751 with your payment information. If adequate numbers are not met the tour will cancel and all monies refunded back to you.

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**Learning in Retirement Course Cancellation/Refund Policy:**

There are no refunds issued for LIR courses; however, if you will be unable to attend a course you’ve registered for, please call Conference and Scheduling Services at 536-7751 so they may cancel your registration. There may be people on the waitlist who would love to fill the spot. Thank you for your consideration of others! **Trips are non-refundable.**
SILIR Session II Classes — October 15 - November 18, 2018

Tuesday

**Current Issues in the U.S. Supreme Court**

*Registration Fee: $10.00*

**Instructor: Jill Adams**

October 16th—November 13th  
9:30 - 11:30 am
Carbondale Township

We will begin with an overview of the U.S. Supreme Court and then will look at several significant cases pending before the court during the 2018-19 term. The choice of cases will not be finalized until the court holds its “long conference” before the beginning of its October 2018 term. We will examine cases not yet decided, reviewing how each case got to the court, the issues in the cases, and the arguments on each side.

**Thinking About Cybersecurity: From Cyber Crime to Cyber Warfare**

*Registration Fee: $10.00*

**Instructor: Gary Hartlieb**

October 16th—November 13th  
1:30 - 3:30 pm
Carbondale Township

This DVD course explores today’s cybersecurity threats that potentially threaten all internet users. The first part of the course explores specific threats and how they are developed, as well as how the internet itself affords opportunities for hackers. The second part focuses on policy and legal issues around cybersecurity, and the final section explains how each of us can best protect ourselves from cyber threats.

Thursday

**Selected Alice Munro Short Stories**

*Registration Fee: $10.00*

**Instructor: Beth Lordan**

October 18th—November 15th  
9:30 - 11:30 am
Epiphany Lutheran

The stories we will read are “Dance of the Happy Shades,” “Pictures of the Ice,” “Child’s Play,” and “The Love of a Good Woman” (which will take two sessions). Instructor will supply links to materials.

Membership Directory

A new directory will be mailed out this fall. To opt out of being included, please contact Jackie Welch by phone (618-536-7751) or email (jackiew@siu.edu) no later than September 30.
For more than 10 years “Third Wednesday” SILIR meetings have included coffee, tea and “treats” thanks to the organizational efforts of Fran Oros. This has involved nearly every month arriving about an hour before “Coffee Hour” to ensure all is set up and welcoming food and drinks are available. Before SILIR began purchasing coffee and treats from Cristaudo’s Fran tirelessly solicited volunteers to make coffee and provide treats.

When not organizing and overseeing SILIR “Hospitality” duties Fran has taught a variety of 5 week Learning in Retirement classes. Based on her education (Master’s degree in chemistry from SIU) and teaching experience at Shawnee Community College, Fran offered classes on infectious diseases, epidemiology, genetics and other science based topics.

Fran’s travels to Mexico, Central and South America inspired her pursuit of further knowledge of these area cultures. She used her knowledge and experience to teach a number of SILIR classes on indigenous Mesoamerican and South American cultures.

When asked what she enjoys about Southern Illinois Learning in Retirement Fran shared that she likes teaching classes to people who take them for the enjoyment of learning and not having to grade them! She also values SILIR trips.

**Music and Art at “304” in Carbondale**

SILIR members need not travel to St. Louis or visit SIU for culture. 304 West Walnut Street, is the home of CCA, Carbondale Community Artspace 304. Each third Thursday “Sandwiches and Strings” provides a variety of local music during the noon hour. Bring a brown bag or food from a local restaurant and and enjoy live classical strings in downtown Carbondale.

The program began in October of 2017 at the suggestion of Skip Cutting, local classical guitarist, oil painter, and all around cultural enthusiast. He approached CCA with the idea to enhance monthly visual arts exhibits at 304 by incorporating a monthly live strings musical performance. CCA thought it a wonderful concept to nurture. With the help of Skip’s friend Ken Wollberg of Heart Strings Violin Studio, the two have been co-directing the program, scouting and scheduling talented local strings musicians to volunteer their time and perform for the community.

Upcoming programs include:

- *October 18: Classical Guitar by Timothy Steis*
- *November 15: Solo Violin by Augustine Zehnder*
- *December 20: 2018 Christmas Program*

**Fall Luncheon**

Grace United Methodist Church

October 17, 2018

Fried Chicken
Hash Brown Potato Casserole
Vegetarian Green Beans
Lettuce Salad
Dinner Rolls
Chocolate Lush (4-layer dessert)
Coffee and Iced tea

Registration Fee: $13.00
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REGISTRATION FORM

*Please fill out and send entire form with payment*

SILIR REGISTRATION FORM (PLEASE FILL IN YOUR NAME AND ADDRESS.)

First Name ___________________________ Last Name ___________________________

First Name ___________________________ Last Name ___________________________

Street _______________________________________________________________

City ___________________________ State ________ Zip Code ___________

Day Phone Number ___________________________ Cell Phone ___________________________

*E-mail Address ___________________________

NEW MEMBERS: How did you hear about us? ☐ Friend ☐ Newspaper ☐ Social Media/Online ☐ Radio/TV

| Name: ___________________________ (19W0901901)   | FY19 Membership Dues ..............$25 x ___ = _____   |
| Name: ___________________________ (19W0901913)   | Fall Luncheon ..................................$13 x ___ = _____   |
| Name: ___________________________ (19W0901902)   | INTEREST GROUPS — July 1, 2018—June 30, 2019 |
| Name: ___________________________ (19W0901904)   | Musicals Interest Group ..............$10 x ___ = _____   |
| Name: ___________________________ (19W0901905)   | Book Study Group ..........................$10 x ___ = _____   |
| Name: ___________________________ (19W0901914)   | Lunch Discussion Group ..............$10 x ___ = _____   |

| Name: ___________________________ (19W0901915)   | SESSION II CLASSES               |
| Name: ___________________________ (19W0901916)   | U.S. Supreme Court ..............$10 x ___ = _____   |
| Name: ___________________________ (19W0901917)   | Cybersecurity ......................$10 x ___ = _____   |
| Name: ___________________________ (19W0901918)   | Alice Munro Stories ..............$10 x ___ = _____   |

| Name: ___________________________ (19W0901912)   | TRIP OPPORTUNITY               |
| Name: ___________________________ (19W0901913)   | St. Louis Symphony ..............$112 x ___ = _____   |

Amount Enclosed $___________

Learning in Retirement Program Waiver Disclaimer: Most SILIR activities require very little mobility. When an activity requires traveling up to 1 mile or more or navigating 10 steps or more, or involves longer waiting or standing times, we will alert you so that you may choose wisely.

Signature ___________________________ Date ___________

My signature confirms that I have read and understand the activity level of any trip sponsored by Learning in Retirement and accept the risks and conditions of the trip. I am aware that some trips may encounter rough terrain and closed-toe shoes will aid in maintaining my safety.

Please submit a check payable to “SIU Carbondale” or provide your credit card information below.

Credit Card Number ___________________________ Exp. ___________

Name on Card ___________________________ CVC ___________

Email (for receipt): ___________________________

Mail form to: Conference & Scheduling Services, Student Center - Mail Code 6705, 1255 Lincoln Drive, Carbondale, IL 62901 or call Registration at 618-536-7751 to register with your credit card.
What will you learn today?

Visit the SI Learning in Retirement web page at:
conferenceservices.siu.edu/silir.php