

\$80/per session  
or \$600/for all  
eight sessions

# SIU 'VIP' Program

## Velocity Improvement Pitching

January 23 — February 16, 2022

Sundays

Wednesdays

4:30-6:00 pm

6:00-7:30 pm

The 'VIP' program will be a pitching development school focusing on all aspects of pitching. Mechanics, pre and post throw routines, mound work, and medicine ball training will all be taught during this school in order for you to increase your fastball velocity. This camp is a great opportunity to learn from coaches and players at SIU, and to get ready for your upcoming baseball season. If you want to gain velocity and become a more polished pitcher, sign up today! **LIMIT: 20 campers**

**Location:** Richard "Itchy" Jones Stadium

**Ages:** Grades 7th—12th

**Open to any and all entrants (limited only by number, age, grade level and/or gender)**

REGISTRATION FORM		22W0201303	
First name:	Last name:		
Home address:	City/state/ZIP		
Day phone:	Cell phone:		
Email address:	Age:		
Sundays:	<input type="checkbox"/> January 23-\$80	<input type="checkbox"/> January 30-\$80	<input type="checkbox"/> February 6-\$80
Wednesdays:	<input type="checkbox"/> January 26-\$80	<input type="checkbox"/> February 2-\$80	<input type="checkbox"/> February 9-\$80
Sunday/Wednesday:	<input type="checkbox"/> All Sessions — \$600	<b>TOTAL ENCLOSED: \$</b> _____	
Payment (choose one): <input type="checkbox"/> Cash <input type="checkbox"/> Check # <small>(Payable to SIUC)</small> <input type="checkbox"/> Credit Card <input type="checkbox"/> Visa <input type="checkbox"/> Discover <input type="checkbox"/> MasterCard		Credit Card #: Exp. Date:      CVC: Name on Card:	

Return form to: Conference and Scheduling Services  
Student Center — Mail Code 6705  
Southern Illinois University  
1255 Lincoln Drive  
Carbondale, Illinois 62901

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